

# CDL Medical Certification

*The Federal Motor Carriers Safety Regulations require all CDL holders to self-certify what type of driving they perform or expects to perform.*

<b>Name</b> (Last Name, First Name, Middle Initial)	<b>License Number:</b>

**Please Check the Appropriate Box (you must check one).** If you select Non-Excepted Interstate or Non-Excepted Intrastate, you must provide a current medical certificate. See instructions on the reverse for more information.

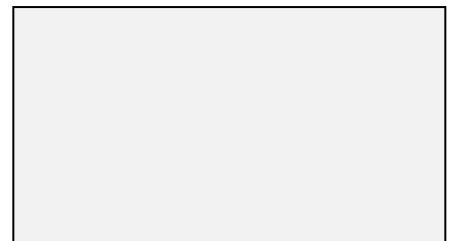
<input type="checkbox"/>	<b>Non-Excepted Interstate (NI)</b> (Current medical certificate required.)	I certify that I operate or expect to operate in interstate commerce, and I am both subject to and meet the qualification requirements under 49 CFR part 391, and I am required to obtain a medical examiner's certificate by 49 CFR §391.45.
<input type="checkbox"/>	<b>Non-Excepted Intrastate (NA)</b> (Current medical certificate required.)	I certify that I operate only in intrastate commerce and therefore I am subject to and meet the State's driver medical qualification requirements.
<input type="checkbox"/>	<b>Excepted Interstate (EI)</b> (Medical certificate NOT required.)	I certify that I operate or expect to operate in interstate commerce, but engage exclusively in transportation or operations excepted under 49 CFR §§390.3(f), 391.2, 391.68 or 398.3 from all or parts of the qualification requirements of 49 CFR part 391, and I am therefore not required to obtain a medical examiner's certificate by 49 CFR §391.45.
<input type="checkbox"/>	<b>Excepted Intrastate (EA)</b> (Medical certificate NOT required.)	I certify that I operate in intrastate commerce, but engage exclusively in transportation or operations excepted from all or parts of the State's driver medical qualification.

**Failure to comply within 30 days may result in the suspension of your operating privilege**

<b>Signature of Applicant</b>	<b>Date</b>
Phone Number	Email Address

You may submit a signed and dated medical card by:

Fax 802.828.5548  
 Email [DMV.MedCert@vermont.gov](mailto:DMV.MedCert@vermont.gov)  
 Mail Vermont Department of Motor Vehicles  
 Commercial Driver License Unit  
 120 State St  
 Montpelier, VT 05603-0001



## How do I know if I am required to have a DOT medical certificate?

Most CDL holders are required to have a DOT medical certificate. You are **not required** to have a DOT medical certificate and are considered **EXCEPTED** if you are not driving commercial motor vehicles but want to keep your CDL. You are also considered **EXCEPTED** if you **only** drive commercial motor vehicles in any of the following situations:

- As a federal, state, or local government employee
- Transporting human corpses, or sick, or injured persons
- Operating a firetruck or rescue vehicle while involved in emergency and related operations
- Transporting propane winter heating fuel when responding to an emergency condition requiring immediate response such as damage to a propane gas system after a storm or flooding
- In response to a pipeline emergency such as a leak or rupture
- In custom harvesting on a farm or transporting farm machinery or supplies used in the custom harvesting operation to and from a farm or within 150 miles of the farm (does not apply to transporting hazardous materials requiring a placard or combination vehicles)
- As a beekeeper in the seasonal transportation of bees
- As a private motor carrier of passengers for non-business purposes
- To transport migrant workers

If you operate commercial motor vehicles for any reason other than those listed above, you are **required** to have a DOT medical certificate and are **NOT EXCEPTED**.

## What is the difference between Interstate and Intrastate commerce?

**INTERSTATE COMMERCE** is when you drive a commercial motor vehicle:

- From one state to another state or a foreign country (across state lines or national borders e.g. to or from Canada)
- Between two or more places within a state, but during part of the trip, the commercial motor vehicle crosses into another state or foreign country
- Between two or more places within a state, but the **cargo** is part of a trip that began or will end in another state or foreign country
- You are 21 years of age or older and do not have a medical condition listed in the Medical Conditions section below.

**INTRASTATE COMMERCE** is when you cannot drive a commercial motor vehicle in interstate commerce (as described above) and are required to have the “K Intrastate only” restriction printed on your license because you are under 21 years of age and/or you have one of the following medical conditions:

### Medical Conditions

- Monocular vision
- Seizures or epilepsy
- Diabetes mellitus
- Limb Impairment

## Which CDL Medical Self Certification Status should I choose?

**NI – Not Excepted Interstate:** I am required to have a DOT medical certificate. This applies to most CDL holders.

**NA – Not Excepted Intrastate:** I am required to have a DOT medical certificate however I can only drive commercial motor vehicles/transport cargo within the state because I am under 21 or I have a medical condition which limits me to driving in state only (see Medical Conditions above).

**EI – Excepted Interstate:** I am not operating commercial motor vehicles and I want to keep my CDL, or I operate commercial motor vehicles but I am not required to have a DOT medical certificate for one of the reasons for being **EXCEPTED** listed above.

**EA – Excepted Intrastate:** I am not operating commercial motor vehicles and I want to keep my CDL or I am not required to have a DOT medical certificate however I can only drive a commercial motor vehicle/transport cargo within the state because I am under 21 or I have a medical condition which limits me to driving in state only (see Medical Conditions above).

## A WORD ABOUT WAIVERS

If your DOT medical certificate is only valid with a Federal Variance or Skills Performance Evaluation granted by the Federal Motor Carriers Safety Administration, you must carry a copy of it with you while you are driving commercial motor vehicles and provide a copy of it to the DMV. For more information about the Federal Variance or Skills Performance Evaluation program, please visit the following links:

[bit.ly/dot-exemption](https://bit.ly/dot-exemption)



[bit.ly/skill-evaluation](https://bit.ly/skill-evaluation)

